

Helps control the bacteria that cause periodontal disease

PERIO

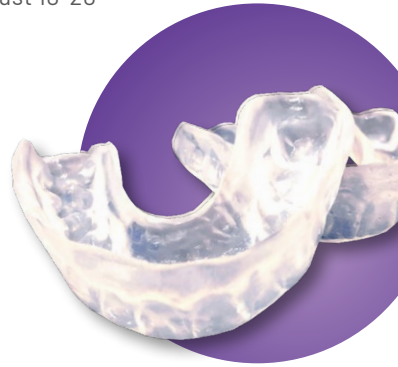
## Start with in-office treatment and **GüMX Defender Plus+™** prescription

Prescribed in combination with in-office treatments, GüMX Defender Plus+™ is a home-care treatment system to help patients control the bacteria that cause gum disease. Customized trays are filled with a small amount of GüMX Defender Plus+™ gel each day to deliver medication deep below the gum line to infected gum pockets where bacteria hide and multiply. It takes just 10-20 minutes a day.

### **GüMX Defender Plus+™** helps treat a broad range of oral health conditions:

- Swollen and bleeding gums
- Infections that can potentially lead to tooth and bone loss
- Treat the full teeth arch

**Bonus:** Custom trays can also be used to apply fluorides and other medicaments.



### Your **GüMX Defender Plus+™** Kit includes:

- **GüMX Defender Plus+™ gel** – contains 1.7% hydrogen peroxide which decreases plaque (mass of bacteria) and the development of gum disease
- **Pro-DenRx Fluoride gel** – a 1.1% neutral sodium fluoride gel which helps prevent cavities & plaque
- **Tube squeezer** – releases medication to avoid waste

## Instructions for daily and weekly use

### Daily use of GÜMX Defender Plus+™ Antimicrobial Gel:

- After brushing and flossing, squeeze a small amount of GÜMX Defender Plus+™ gel along the inside of each tray
- Firmly place the tray(s) on your teeth, spitting out any excess gel that leaks out of the trays
- Wear the tray(s) for 10-20 minutes or as directed by your dental professional. Once trays have been worn for allotted time, remove, and rinse mouth out or brush teeth to clear remaining gel
- Rinse trays with cold water and place in tray caddy to dry
- Wait at least one hour before using any other oral treatments



**Diseased & infected gums**



**Healthy teeth & gums**

### Weekly use of Pro-DenRx® Fluoride gel

(use once a week in place of GÜMX Defender Plus+™):



- After brushing and flossing, squeeze a small amount of Pro-DenRx Fluoride gel along the inside of the tray
- Firmly place the trays on your teeth, spitting out any excess gel
- Wear the trays for 20 minutes or as directed by your dental professional
- After the allotted time, remove the trays and rinse mouth out or brush teeth to remove any remaining gel
- Rinse trays with cold water and place them in tray caddy to dry
- Wait at least one hour before using any other oral treatments

**Caution:** Use only cold water to rinse trays, as hot water can cause damage.